

# SAND RUN PHARMACY

October 2022 Newsletter

## Staying Safe this Halloween

### Keep Your **Kids** Safe:

Medication can easily be mistaken for candy if you aren't careful (See Candy vs Medicine image below!)

See some helpful tips below:

- Use the word "medicine," not "candy," when talking about medications around children, especially when referencing chewable medications
- Store medicine in places that are out of the reach of children
- Properly close medicine caps on bottles
  - Read the label before taking or giving medicine to children
- Take medicine out of the sight of children, who learn by copying adults
- Properly dispose of medication (ask your pharmacist about Dettera Drug Disposal System for safe disposal of your medications at home!)
- Talk to your pharmacists at Sand Run Pharmacy if you have any questions or concerns about your medications

Additionally, with Halloween coming up, be sure to:

- Inspect candy for signs of tampering including an unusual appearance or discoloration, tiny pinholes, or tears in wrappers
- Check for potential choking hazards, such as: gum, peanuts, hard candies small toys

**Call Poison Control at 800-222-1222 if you have concerns on what your child has ingested.**



### Keeping Your **Pets** Safe:

**Chocolate** is toxic to pets, the darker and more bitter it is, the more dangerous if ingested

- Symptoms to watch for: vomiting, diarrhea, lethargy, agitation, increased thirst, an elevated heart rate, and in severe cases, seizures

When large amounts of sugary, high fat **candy** are ingested by pets, pancreatitis can occur, which is very painful and potentially fatal.

- Symptoms include decreased appetite, vomiting, diarrhea, lethargy, abdominal pain, and potentially, kidney failure or organ damage and may not appear for a couple of days

**Grapes and raisins** are extremely poisonous to pets and can cause kidney failure. Any amount ingested can be poisonous.

- Symptoms include vomiting, nausea, decreased appetite, lethargy, abdominal pain, and severe kidney failure

Pets have no opposable thumbs so they cannot remove the **candy wrappers** if they get into candy.

- A bowel obstruction can occur which leads to surgery, vomiting, decreased appetite, not defecating, straining to defecate, or lethargy

Pets love to chew on **glow sticks**, and their teeth can puncture them. The contents can cause pain and irritation in the mouth, as well as profuse drooling and foaming at the mouth.

**Costumes** may look cute, but your pet may not enjoy it! Be sure it doesn't impair their vision, movement, or air intake. If the costume contains metallic beads, snaps, or other small pieces, be aware that if ingested, some metals (especially zinc and lead) can result in serious poisoning.

**Call your vet or Pet poison hotline 855-764-7661 if you have any concerns about what your pet has ingested.**



# HAPPY HALLOWEEN

**THE SPOOKY FLU!**

It's flu season! The flu vaccine protects against the flu viruses that research suggests will be the most common during the upcoming months and it can take up to 2 weeks to be fully protected. Sand Run Pharmacy carries both the High-Dose (for those 65 and up) and Standard-Dose Quadrivalent Flu Vaccines. It is safe to receive the flu vaccine at the same time as a COVID-19 vaccine. Make sure to come in and get your flu shot today!



**CHECK THIS OUT!**

**Ortho Biotic Capsules by Ortho Molecular Products**

Encourage the growth of 'good' bacteria to boost your immune system and prevent 'scary, bad' bacteria from haunting your gut microflora. Only one capsule a day is needed to protect the natural microflora balance in your GI tract. This is the perfect product if you have recently taken antibiotics, have had a recent sickness, or are currently not feeling well.

## OCTOBER PHARMACY WORD SEARCH

First person to return a correct and completed word search will win a free bottle of Ortho Biotic!

I	Y	D	A	T	C	A	N	D	Y	L	D	A	T
V	I	C	D	A	C	I	P	P	N	L	M	O	E
A	F	P	S	S	M	A	R	P	T	A	N	T	A
C	A	S	A	A	E	N	E	K	P	F	I	Y	S
C	E	D	E	N	D	E	S	I	I	S	K	S	C
I	O	E	T	D	I	E	C	P	M	P	P	L	Y
N	F	M	I	R	C	W	R	H	D	O	M	H	H
E	N	U	D	U	A	O	I	A	T	O	U	E	H
A	C	T	F	N	T	L	P	R	A	K	P	A	C
Y	A	S	M	P	I	L	T	M	O	Y	F	M	K
C	T	O	K	P	O	A	I	A	C	P	O	U	L
O	T	C	U	N	N	H	O	C	T	O	L	E	I
T	N	P	C	C	M	I	N	Y	P	P	N	C	N
A	A	N	I	M	A	T	I	V	U	L	O	C	E

- CANDY
- PRESCRIPTION
- SPOOKY
- HALLOWEEN
- MEDICATION
- COSTUME
- PUMPKIN
- VITAMIN
- SAND RUN
- PHARMACY
- VACCINE
- FALL